



ANAPHYLAXIS AND SEVERE ALLERGIC REACTIONS IN SCHOOL, PRESCHOOL AND CHILDCARE

Information for caregivers

What can your DOCTOR do?

- The following forms can be downloaded from the chess website:

www.chess.sa.edu.au>A-Z Health Support Index

and completed by your doctor on the advice of an allergy specialist

ASCIA Anaphylaxis Action Plan

DECS Anaphylaxis and Severe Allergy care plan

- Obtain a PBS authority for an adrenaline autoinjector prescription (see guidelines for adrenaline autoinjector prescription at www.allergy.org.au)
- Provide education to parents and caregivers on how to use the action plan and adrenaline autoinjector

What can YOU do?

Let the principal or director know well in advance of your child's enrolment that your child has a health support need.

- Provide the childcare centre, preschool or school with:
 - the forms completed by the doctor (Action Plan and Care Plan)
 - an adrenaline autoinjector for your child
- Update the information and adrenaline autoinjector as required
- Work with staff and your child to develop a health support plan that minimises risk, for your child's exposure to allergens, e.g. bee stings, peanuts.
- The health support plan should provide information on:
 - the awareness of allergens
 - prevention of exposure
 - anaphylaxis management plan

What can STAFF do?

The site leader can:

- Arrange anaphylaxis management training for staff (including Out of School Hours Care) who care for the child at risk of anaphylaxis. This must include information about first aid administration of adrenaline via an adrenaline autoinjector
- Develop a health support plan with the parent/guardian of the child at risk of anaphylaxis
- Negotiate staff roles and responsibilities for the child's care
- Participate in information and training sessions

Training Sessions provided by:

Australian Red Cross SA

8293 9209 (metropolitan)

Using the health support plan:

Points for discussion with staff:

- Who will manage the allergic reaction?
- Where will the adrenaline autoinjector be stored?
- Who will get the adrenaline autoinjector?
- Who will administer the adrenaline autoinjector?
- Who will call the ambulance?
- Who will direct the ambulance?
- Who will call emergency contacts?
- Particular situations such as swimming, excursions, camps and special curriculum support needs
- Who will ensure follow-up/incident management requirements are met?
- How can you reduce the risk of exposure to allergens?
- Arrangements for out of school hours care

Where can I find further information ?

Your local school principal, centre director or home-based care provider can advise how your child's health care needs can be supported while he or she is in their care.

The local DECD Regional Office

www.decd.sa.gov.au/aboutdept/pages/aboutdept/regionaloffice/

Australasian Society of Clinical Immunology and Allergy (ASCIA)

www.allergy.org.au

Anaphylaxis Australia Inc (AAI)

Telephone 1300 728 000

www.allergyfacts.org.au

Children Youth and Women's Health Service

Parent Helpline: Telephone 1300 364 100

Information Centre: Telephone 8161 687

www.wch.sa.gov.au/services/az/divisions/paedm/allergy/index.html

Flinders Medical Centre

Allergy Nurse: Telephone 8204 4033

www.flinders.sa.gov.au/medical/pages/allergy/

child health and education support services

www.chess.sa.edu.au